



Athletic Policy Handbook

2019-2020

1. PHILOSOPHY

The primary purpose of the athletic programs at Blanchester High School and Middle School is to promote the physical, mental, social, emotional, and moral well-being of the participants. It is hoped athletics in our schools will be a positive force in preparing youth for an enriching and vital role in life after graduation. Athletics can build school spirit, develop the ability to function as a team and guide students to work toward a common goal. Athletics are to be both a learning experience and an extension of the academic classroom.

Our athletic programs are an integral part of the total school program and are open to all students. Through voluntary participation, the athlete gives time, energy, and loyalty to the program. He/she also accepts the training rules, regulations, responsibilities, and conduct code which are unique to the athletic program. In order to contribute to the welfare of the team, the athlete must willingly assume these obligations.

The role of a student athlete demands that the individual make sacrifices not required of other students. The student athlete will commit himself/herself to the Blanchester Athletic Program.

In addition to the Rules and Regulations for Students at Blanchester High School and Middle School, all athletic team participants are also governed by the "BLANCHESTER LOCAL SCHOOLS ATHLETIC HANDBOOK."

A student athlete in the athletic program is a representative of the Blanchester Local School District. A team member's conduct reflects upon fellow team members, coaches and the Blanchester Local School District. Conduct which is deemed embarrassing to the athletic program or the Blanchester Local School District shall be considered grounds for denial of participation from a team or the athletic program. Expectations for participant's conduct and training begin with his/her very first practice and continue on a year round (24/7) basis until graduation.

Blanchester Local Schools are proud to offer the following interscholastic programs.

BOYS

Fall

Cross-Country (HS & MS)
Soccer
Football (HS & MS)
Golf

Winter

Basketball (HS & MS)
Wrestling (HS & MS)
Academic Team
Bowling

Spring

Baseball
Track & Field (HS & MS)
Tennis

GIRLS

Fall

Cross-Country (HS & MS)
Soccer
Volleyball (HS & MS)
Tennis
Cheerleading (HS & MS)

Winter

Basketball (HS & MS)
Cheerleading (HS & MS)
Academic Team
Bowling

Spring

Softball
Track & Field (HS & MS)

2. COACHING REQUIREMENTS

All Blanchester Board of Education approved coaches are required to have:

- BCI / FBI Background Check
- ODE Pupil Activity Permit and Sudden Cardiac Arrest Certificate
- CPR Certificate
- NFHS Coaching Certificate and NFHS Concussion Certificate

All Blanchester Board of Education approved coaches are expected to:

- Exemplify through his/her own personal speech and actions the highest type of good sportsmanship, character, and integrity.
- Demand the highest type of respect, good sportsmanship, character and integrity from his/her athletes.

3. COACH'S RULES

Coaches will establish rules, expectations, and consequences pertaining to their own individual sports. Those rules, expectations, and consequences will be reviewed and approved by the Athletic Director and distributed to players prior to enforcement.

4. ELIGIBILITY

1. All students involved in athletic activities must meet all eligibility requirements set forth by the Ohio High School Athletic Association and the Blanchester Board of Education.
2. All middle school pupils shall become ineligible if their 15th birthday falls before August 1st.
3. All high school students shall become ineligible on the date of their 20 birthday.
4. OHSAA says students must be passing five (5) solid credits at the end of each quarter in order to be eligible to participate in a sport the following quarter. Physical education classes will not be counted as a solid credit. (Middle School students may not fail more than one subject).
5. Excluding the first three weeks of each quarter, the athlete must be passing 5 solid credits in order to participate that week. Physical education classes will not count as a solid credit. No special tests make up work, bonus assignments, etc., will be permitted to make the athlete eligible for the week. (Middle School students may not fail any classes.) Weekly eligibility checks will be made by the Athletic Director for all sports participants, including cheerleaders on Monday. The weekly eligibility will run from Tuesday through the following Tuesday.
6. Athletes must maintain their amateur status in order to remain eligible.
7. Amateur athletes:
 1. Do not compete with or against professional athletes
 2. Do not accept prize money
 3. Do not compete under an assumed name
 4. Do not accept an award in a non-school activity and convert it into money. Do not accept an award or merchandise that is valued at more than \$200.00

5. DROPPING A SPORT

1. Quitting a sport after the 1st game of the season will result in a player being ineligible for participation in all other sports that season. It will also make the player ineligible for participation in any sport for 20% of the following season. (Example: quit the football team, you cannot play soccer or 20% of a winter sport such as wrestling)
2. The consequence of missing 20% of following season may be waived after a conference among the Player, Head Coach of dropped sport and Athletic Director.

6. PAPERWORK

Prior to participation in tryouts, practices, or games, athletes are required to have on file with the Athletic Director's office the following forms:

- properly completed OHSAA physical form AND OHSAA Authorization Form
- Lindsay's Law (Sudden Cardiac arrest) signature page.
- Parent / Athlete Handbook Contract, Participation Permission, Insurance Waiver & Concussion Awareness Form (LAST PAGE of Athletic Handbook)
- properly completed emergency medical form (Coach will keep this)

7. EQUIPMENT AND UNIFORMS

Equipment and uniforms will be issued by the school. At the completion of the season, these uniforms and equipment will be collected by the coach on a date and time designated by the coach. If the uniform or equipment is not returned on or by that date, students will be ineligible to participate in any other sport (tryouts, practices, or contests) and/or will receive disciplinary action deemed appropriate by the Athletic Director, until all uniforms and equipment are returned. Payment for lost or damaged uniforms or equipment will be required.

8. AWARDS PROGRAMS

Awards programs will be held to recognize those students who have participated on the team. In order to receive awards, athletes are required to attend the ceremony unless prior approval is obtained from the Athletic Director. There will be one program for fall sports, one program for winter sports, and one program for spring sports. The dates for each program will be determined by the Athletic Director and building Principals.

9. SCHOOL ATTENDANCE

- Students must be in attendance prior to 9:00am to be eligible to participate in practice or games that day excluding Saturday.
- Students who leave school early cannot attend or participate in any after school practice or games the day they leave.

The building Principal or Athletic Director may permit participation if the reason for leaving is approved for a just cause. (Example: college visit, court, funeral, doctor's appointment with note, etc)

10. GENERAL PRACTICE GUIDELINES

- Sunday practices are strongly discouraged. Coaches must request permission for Sunday practice. The decision of the Athletic Director and Building Principal will be final in this matter.
- No practice is to last beyond **10:00 PM**

11. TEAM PARTICIPATION GUIDELINES

- Varsity sports shall strive to compete at the highest levels. Varsity participation should be the culmination of years of preparation. Individual participation, at the varsity level, may be limited to a large degree to those athletes who have developed their skills to a level necessary for successful competition; there can be no guarantee of playing time for all individuals.
- Reserve teams are intended primarily for sophomores (except in sports which do not have a freshman team).
- Freshman teams are restricted to freshman players. Coaches at these levels should make every effort to provide every team member with an opportunity to participate in game competition while maintaining a competitive edge.
- Middle School teams are restricted to 7th and 8th graders. Most Middle School sports are divided into 7th grade teams and 8th grade teams, while some sports have just one team for both grades. Coaches at this level are encouraged to work on the basics and the development of fundamental skills of the sport. Middle School coaches are encouraged to give all team members an opportunity to play in game competition while maintaining a competitive edge

12. SCHOOL DISCIPLINARY ACTION

- Out of School Suspension – a minimum of a one contest denial of privilege of participation.
- Alternative School – student denied the privilege of participation in games and practices during time of the assignment.

13. TRANSPORTATION

Students are expected to ride the bus to and from all games. However, coaches may allow athletes to return home from an away contest with the athlete's parent/guardian, but only after the parents have signed out on the coach's sign out sheet. By signing your athlete out, you will assume all liability and responsibility for your athlete from that point forward. Under NO circumstances shall an athlete be allowed to leave with another student.

14. SPORTSMANSHIP FOR PARENTS AND SPECTATORS

- Always exhibit good sportsmanship.
- Emphasize good sportsmanship with your student athlete. Win or lose, they must show respect for their opponent, officials and coaches.
- Berating officials, players or coaches will not be tolerated. You may be denied your privilege to attend the event and/or future events.
- Encourage all Blanchester Athletes to work hard, reach his/her potential, and contribute to the team in the whatever role the they been given
- Focus your energy toward being a supporter of the team and do not waste it tearing the team down. Every team is composed of three groups: athletes, coaches, and parents. Be a positive part of the team.

15. EXTRACURRICULAR DRUG, ALCOHOL, AND TOBACCO POLICY

Section 3313.664 of the Revised Code allows the board of education to adopt a policy to prohibit a student from participation in any particular or all extracurricular activities for a period of time as determined in the policy.

The Policy:

A student shall not sell, possess, use, conceal, transfer, deliver, or be under the influence of drugs or alcohol either on or off school property, during a school activity or outside of school activities on personal time.

Enforcement period:

This policy shall be in effect from the point of enrollment into the Blanchester Local Schools Athletics programs (grade 9-12) through graduation, and includes all athletics. The policy applies to 7th and 8th grade athletics as well. The policy “resets” when 8th grade athlete moves into the 9th grade.

1. Sale, Transfer, or Delivery of Drugs/Alcohol.

FIRST OCCURANCE: Student will be removed from all activities for ONE full calendar year with no opportunity for reinstatement.

SECOND OCCURANCE: Student will be denied privilege to participate in Blanchester Athletics.

2. Possession, use, concealment of, or under the influence of drugs/alcohol or buying, using, or possessing any drug or alcoholic paraphernalia to include instruments, objects, papers, pipes, containers, etc.

FIRST OCCURRENCE: Athlete will be denied the privilege of participation in 30% of the team’s scheduled contests. If that period of time is longer than the remainder of the current season, the remainder of time will be applied to the next season in which the athlete wishes to participate.

SECOND OCCURRENCE: Athlete will be denied participation for ONE calendar year.

THIRD OCCURRENCE: Athlete may be denied the privilege to participate in Blanchester Athletics for the rest of his/her career.

3. Sale, possession, use, concealment, transfer or delivery of tobacco. (Including devices such as Juuls, or other e-cigarette type devices, products or items associated with those products)

FIRST OCCURRENCE: Athlete will be denied the privilege of participation in 20% of the team’s scheduled contests. If that period of time is longer than the remainder of the current season, the remainder of time will be applied to the next season in which the athlete wishes to participate.

SECOND OCCURRENCE: Athlete will be denied participation for the remainder of the school year. If the remainder of the school year is less than 20% of the team’s scheduled contest, the athlete will miss an additional 20% of the next sports season in which the athlete wishes to participate.

THIRD OCCURRENCE: Athlete will be denied participation for one calendar year.

FOURTH OCCURRENCE: Athlete may be denied the privilege to participate in Blanchester Athletics for the rest of his/her career.

16. APPEAL OF THE EXTRACURRICULAR DRUG, ALCOHOL, AND TOBACCO POLICY

- Should an athlete be denied the privilege of participation on a team, for any reason, a hearing must first be held with the athlete, head coach, and Athletic Director. Written notification of such denial of the privilege of participation must be made within the next school day following the hearing, with copies forwarded to the following:
 1. Parent / guardian
 2. Superintendent
 3. Principal
 4. Head Coach
- Any denial of the privilege of participation may be appealed to the Athletic Director who will refer the appeal to the school’s Athletic Appeals Board. The Athletic Appeals Board will consist of the Athletic Director, an administrator, and the head coach. Notification of a request of appeal must be made to the Athletic Director by the parent or guardian, of the athlete in question, in writing within one school day of the denial of participation. The Athletic Appeals Board’s decision will be final.
- The Building Principal and/or Superintendent may be requested to review the Appeals Board’s decision. Such a request must be made in writing within the next school day following the Appeals Board’s decision. The Building Principal and/or Superintendent’s decision will be final.

17. PARENTAL PROCEDURES FOR REGISTERING A CONCERN

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children become involved in an athletic program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's team.

Communication you should expect from your child's coach.

1. Philosophy of the coaching staff.
2. Expectations the coach has for your child as well as all members on the squad.
3. Location and time for all practices and contests scheduled.
4. Team requirements (i.e., fees, special equipment, off-season conditioning).
5. Discipline which results in the denial of your child's participation.

Communication coaches expect from parents.

1. Concern expressed directly to the coach.
2. Notification of schedule conflicts well in advance.
3. Specific concerns in regard to a coach's philosophy and/or expectations.

As your child becomes involved in the programs at Blanchester Local Schools, he/she will experience some of the most rewarding moments of his/her life. It is important to understand that there may also be times when things do not go the way you or your child may wish. At these times, discussion with the coach first is encouraged.

Appropriate concerns to discuss with coaches.

1. The treatment of your child, mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept your child's not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be best for all student athletes involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as those listed next, must be left to the discretion of the coach.

Issues that shall not be discussed with coaches.

1. Playing time
2. Team strategy
3. Play calling
4. Other athletes / parents

18. EXPRESSING CONCERNS

Communication with a coach is important. We promote the student athlete being his/her own advocate. The student athlete should discuss ALL concerns with the coach first. There are situations that may require a conference between coach and parent. It is important that both parties involved have a clear understanding of the other's position. When these conferences become necessary, please call the Athletic Director and he will make the necessary arrangements and schedule an appointment to meet with the coach and parent. Do NOT attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.

What to do if the meeting with the coach does not provide a resolution to the concern?

Call and set up an appointment with the Athletic Director to discuss the situation.

19. CHAIN OF COMMAND

The chain of command, which shall be followed and enforced by all parties, involved in the Blanchester Athletic program:

1. Coach
2. Athletic Director
3. Building Principal
4. Superintendent

20. BLANCHESTER LOCAL SCHOOL DISTRICT ACTIVITY FEE REGULATIONS

- An activity fee shall be assessed for each student who elects to participate in an extracurricular activity.
- Activity fees are used to support transportation costs.
- Payment of the fee guarantees membership in the activity, but has NO bearing on participation time.
- The participation fee shall be \$100
- The Activity fee shall be collected before the first athletic contest.
- Checks should be made out to Blanchester Local Schools.
- The athletic director shall deposit the money with the school treasurer.
- Payment of the total fee shall be required of each participant regardless of the date of their acceptance or initial participation.
- No official uniform shall be issued until the full payment of activity fee is made. Failure to make full payment of the activity fee by the deadline may result in removal from the activity.
- Participation fees will not be refunded after the first game or first activity has been completed. The Athletic Director may refund Activity Fees for extenuating circumstances reviewed by individual case. (Example: early season ending injuries, surgery, etc)
- A written receipt shall be issued for each activity fee collected.

Contact Information

Bryan Pennix

Athletic Director
pennixb@blan.org
783-2461 extension 4115

Athletic Department Web Site: blanchesterathletics.weebly.com
Twitter: @Blansports
Facebook: @BlanchesterAthletics

Pandy McCarty

High School Principal
pandym@blan.org

Chris Smith

Middle School Principal
smithc@blan.org

Ten Principles of Parenting an Athlete

1. Be positive with your student athlete. Let them know he/she is accomplishing something positive simply by being a part of the team.
2. Avoid offering excuses for the student athlete if he/she is not playing or seeing only limited action. Encourage him/her to work hard, reach his/her potential, and contribute to the team's efforts.
3. Open criticism of the coaches is unnecessary. By openly criticizing the coaches, your student athlete becomes trapped between the coach's authority and the parent's criticism. This situation merely erodes the athlete's effectiveness and affects their contributions to the team effort.
4. Encourage and support your student athlete's efforts to follow the team rules and athletic code. Remember, you sign a parent athletic pledge stating your support of the athletic code, its enforcement, and its penalties. This is a year-round responsibility and not limited to the athletic season.
5. Emphasize the importance of academics and understand the academic requirements necessary for participation in interscholastic athletic activities. With few exceptions, most student athletes do not receive athletic scholarships. Their future as an active, contributing citizen is determined by their academic abilities, not their high school athletic abilities.
6. Criticizing or showing envy in relation to the failures or successes of other student athlete's displays inappropriate behavior to others. Most are trying there hardest on any given day, and they deserve respect for their efforts. Living your life vicariously through your student athlete puts undo pressure on all concerned. Remember, a sport is a game and it is supposed to be fun.
7. The coaches work with the athletes on a regular basis, and they have had the opportunity to evaluate the athlete's strengths and weaknesses objectively. Focus your energy toward being a supporter of the team and do not waste it tearing the team down. Every team is composed of three groups: athletes, coaches, and parents. Be a positive part of the team.
8. Emphasize good sportsmanship with your student athlete. Win or lose, they must show respect for their opponent. Always demonstrate the maturity necessary to show class. In addition, encourage your student athlete to respect the authority of the officials. Remember, self-respect begins with self-control.
9. Emphasize that "team" must take precedence over the individual. Recognition of individual contributions happens at the end of the season. Recognition is directly affected by the success of the team and the individual's contribution to the team's success. There is no "I" in the word team.
10. The lessons learned through athletic competition are lessons for life. The skills learned will maintain a great value in the future. Keep sport in perspective.

Ohio Department of Health Concussion Information Sheet **For Interscholastic Athletics**

Dear Parent/Guardian and Athletes,

This information sheet is provided to assist you and your child in recognizing the signs and symptoms of a concussion. Every athlete is different and responds to a brain injury differently, so seek medical attention if you suspect your child has a concussion. Once a concussion occurs, it is very important your athlete return to normal activities slowly, so he/she does not do more damage to his/her brain.

What is a Concussion?

A concussion is an injury to the brain that may be caused by a blow, bump, or jolt to the head. Concussions may also happen after a fall or hit that jars the brain. A blow elsewhere on the body can cause a concussion even if an athlete does not hit his/her head directly. Concussions can range from mild to severe, and athletes can get a concussion even if they are wearing a helmet.

Signs and Symptoms of a Concussion

Athletes do not have to be "knocked out" to have a concussion. In fact, less than 1 out of 10 concussions result in loss of consciousness. Concussion symptoms can develop right away or up to 48 hours after the injury. Ignoring any signs or symptoms of a concussion puts your child's health at risk!

Signs Observed by Parents of Guardians

- . Appears dazed or stunned.
- . Is confused about assignment or position.
- . Forgets plays.
- . Is unsure of game, score or opponent.
- . Moves clumsily.
- . Answers questions slowly.
- . Loses consciousness (even briefly).
- . Shows behavior or personality changes (irritability, sadness, nervousness, feeling more emotional).
- . Can't recall events before or after hit or fall.

Symptoms Reported by Athlete

- . Any headache or "pressure" in head. (How badly it hurts does not matter.)
- . Nausea or vomiting.
- . Balance problems or dizziness.
- . Double or blurry vision.
- . Sensitivity to light and/or noise
- . Feeling sluggish, hazy, foggy or groggy.
- . Concentration or memory problems.
- . Confusion.
- . Does not "feel right."
- . Trouble falling asleep.
- . Sleeping more or less than usual.

Be Honest

Encourage your athlete to be honest with you, his/her coach and your health care provider about his/her symptoms. Many young athletes get caught up in the moment and/or feel pressured to return to sports before they are ready. It is better to miss one game than the entire season... or risk permanent damage!

Seek Medical Attention Right Away

Seeking medical attention is an important first step if you suspect or are told your child has a concussion. A qualified health care professional will be able to determine how serious the concussion is and when it is safe for your child to return to sports and other daily activities.

- . No athlete should return to activity on the same day he/she gets a concussion.
- . Athletes should NEVER return to practices/games if they still have ANY symptoms.
- . Parents and coaches should never pressure any athlete to return to play.

The Dangers of Returning Too Soon

Returning to play too early may cause Second Impact Syndrome (SIS) or Post-Concussion Syndrome (PCS).

SIS occurs when a second blow to the head happens before an athlete has completely recovered from a concussion. This second impact causes the brain to swell, possibly resulting in brain damage, paralysis, and even death. PCS can occur after a second impact. PCS can result in permanent, long-term concussion symptoms. The risk of SIS and PCS is the reason why no athlete should be allowed to participate in any physical activity before they are cleared by a qualified health care professional.

Recovery

A concussion can affect school, work, and sports. Along with coaches and teachers, the school nurse, athletic trainer, employer, and other school administrators should be aware of the athlete's injury and their roles in helping the child recover.

During the recovery time after a concussion, physical and mental rest are required. A concussion upsets the way the brain normally works and causes it to work longer and harder to complete even simple tasks. Activities that require concentration and focus may make symptoms worse and cause the brain to heal slower. Studies show that children's brains take several weeks to heal following a concussion.

www.healthyohio.org/concussion

Rev. 02.13

What is a Concussion?

1. Be sure your child gets plenty of rest and enough sleep at night - no late nights. Keep the same bedtime weekdays and weekends.
2. Encourage daytime naps or rest breaks when your child feels tired or worn-out.
3. Limit your child's activities that require a lot of thinking or concentration (including social activities, homework, video games, texting, computer, driving, job-related activities, movies, parties). These activities can slow the brain's recovery.
4. Limit your child's physical activity, especially those activities where another injury or blow to the head may occur.
5. Have your qualified health care professional check your child's symptoms at different times to help guide recovery.

Returning to School

1. Your athlete may need to initially return to school on a limited basis, for example for only half-days, at first.

This should be done under the supervision of a qualified health care professional.

2. Inform teacher(s), school counselor or administrator(s) about the injury and symptoms. School personnel should be instructed to watch for:

- a. Increased problems paying attention.
- b. Increased problems remembering or learning new information.
- c. Longer time needed to complete tasks or assignments.
- d. Greater irritability and decreased ability to cope with stress.
- e. Symptoms worsen (headache, tiredness) when doing schoolwork.

3. Be sure your child takes multiple breaks during study time and watch for worsening of symptoms.

4. If your child is still having concussion symptoms, he/she may need extra help with school-related activities.

As the symptoms decrease during recovery, the extra help or supports can be removed gradually.

Returning to Play

1. Returning to play is specific for each person, depending on the sport. Ohio law requires written permission from a health care provider before an athlete can return to play. Follow instructions and guidance provided by a health care professional. It is important that you, your child and your child's coach follow these instructions carefully.
 2. Your child should NEVER return to play if he/she still has ANY symptoms. (Be sure that your child does not have any symptoms at rest and while doing any physical activity and/or activities that require a lot of thinking or concentration).
 3. Be sure that the athletic trainer, coach and physical education teacher are aware of your child's injury and symptoms.
 4. Your athlete should complete a step-by-step exercise-based progression, under the direction of a qualified healthcare professional.
 5. A sample activity progression is listed below.
- Generally, each step should take no less than 24 hours so that your child's full recovery would take about one week once they have no symptoms at rest and with moderate exercise.*

Sample Activity Progression*

Step 1: Low levels of non-contact physical activity, provided NO SYMPTOMS return during or after activity.

(Examples: walking, light jogging, and easy stationary biking for 20-30 minutes).

Step 2: Moderate, non-contact physical activity, provided NO SYMPTOMS return during or after activity.

(Examples: moderate jogging, brief sprint running, moderate stationary biking, light calisthenics, and sport-specific drills without contact or collisions for 30-45 minutes).

Step 3: Heavy, non-contact physical activity, provided NO SYMPTOMS return during or after activity.

(Examples: extensive sprint running, high intensity stationary biking, resistance exercise with machines and free weights, more intense non-contact sports specific drills, agility training and jumping drills for 45-60 minutes).

Step 4: Full contact in controlled practice or scrimmage.

Step 5: Full contact in game play.

*If any symptoms occur, the athlete should drop back to the previous step and try to progress again after a 24 hour rest period.

www.healthyohioprogram.org/concussion

Resources

ODH Violence and Injury Prevention Program
www.healthyohioprogram.org/vipp/injury.aspx

Centers for Disease Control and Prevention
www.cdc.gov/Concussion

National Federation of State High School Associations
www.nfhs.org

Brain Injury Association of America
www.biausa.org/

Ohio Department of Health
Violence and Injury Prevention Program
246 North High Street, 8th Floor
Columbus, OH 43215
(614) 466-2144
Rev. 02.13

2019-2020 Parent / Athlete Handbook Contract, Participation Permission, Insurance Waiver & Concussion Awareness Form

We have read the Blanchester Local Schools' Athletic Handbook and the rules, regulations and expectations in the above mentioned sport Coach's handbook. We will follow **ALL** policies set by the Blanchester Student Code of Conduct, the Athletic Handbook and my Coach's handbook. We understand participation on an athletic team is a privilege and that privilege may be denied for violations of the Blanchester Student Code of Conduct, the Athletic Handbook and/or my coach's handbook.

This permission slip is for participation in the above activity. We, the undersigned do hereby give permission for our child to participate in the above stated activity.

Insurance Waiver - We do hereby assume full responsibility for any risk of bodily injury, personal injury or mental injury or death due to our child's participation in these activities and the necessary travel to and from any activity site.

We also further hereby assume full responsibility for all lost, stolen, or damaged personal property and will not hold the school or its employees responsible for said loss or damage to personal property. The undersigned further release, waive, discharge and covenant not to sue the Blanchester Local School District Board of Education, its individual members, its superintendent, principals, administrators, employees, agents or anyone acting on its behalf, from all liability, arising from or by reason of any bodily injury, personal injury or mental injury, known or unknown, including death, resulting from, or to result from our child's participation athletic activities with Blanchester Local Schools. We expressly agree that this release is intended to be as broad and inclusive as permitted by the laws of the State of Ohio or any other state in which said student may be injured and that if any portion of this release is held invalid, it is agreed that the balance shall, nevertheless, continue in full force and effect. We further state that we have fully and carefully read the above release and know the contents of the same and sign this release as our own free act. We further consent to emergency treatment by a physician in the event of injury to or illness of our child during his/her participation in such activities. I, the undersigned parent/guardian of the undersigned athlete, certify that we have adequate and sufficient insurance coverage on our student/athlete and agree to accept full financial responsibility and agree to release the Blanchester Local School Board of Education and all of their employees from any obligations that pertain to financial responsibility in these matters.

By signing this form, as the parent/guardian of the student-athlete named below, I acknowledge receiving a copy of the concussion and head injury information sheet prepared by the Ohio Department of Health as required by section 3313.539 of the Revised Code.

I understand concussions and other head injuries have serious and possibly long-lasting effects. By reading the information sheet, I understand I have a responsibility to report any signs or symptoms of a concussion or head injury to coaches, administrators and my student-athlete's doctor. I also understand that coaches, referees and other officials have a responsibility to protect the health of the student-athletes and may prohibit my student-athlete from further participation in athletic programs until my student-athlete has been cleared to return by a physician or other appropriate health care professional

Printed Athlete Name

Athlete signature

Sport

Date

Printed Name
Parent / Guardian

Printed Name
Parent / Guardian

Date

